Rachel Reiland speaking with her psychiatrist after she learned of her diagnosis of **Borderline Personality Disorder**:

[Rachel] “Bullshit! This is all bullshit. I signed so much crap in the hospital, filled out so many forms. Who reads it all anyway? A bunch of bureaucratic, psychobabble paperwork bullshit. You’re a chickenshit; that’s what you are, a spineless chicken shit. From that very first session when you didn’t have the balls to give me the test results to my face, just tossed me some goddamn written report on my way out the door. And now I’ve got some psycho, demented mental illness. I despise you. I wish I had never ever met you.”

By now the drum roll had reached peak intensity, the chair not only swiveling, but rocking back and forth, my feet tapping the floor, body shaking, ready to explode.

[Dr.] “Rachel, you’re an adult. You’re not crazy, and you can control your body motion. Stop with the tapping, stop with the feet and the chair, calm down, and listen.”

Without raising his voice in the slightest, he had delivered his command with clear authority. Still seething, I stopped moving.

[Dr.] “First of all, you know the rules here. We can’t work on your intense feelings when you physically act them out. We need to use words.”

[Rachel] “Okay then. Fuck you.” (Reiland, 2004, p. 123)

**Antisocial Personality Disorder**

**Criterion A.** A pervasive pattern of disregard for and violation of the rights of others, occurring since age 15 years, as indicated by three (or more) of the following:

1. Failure to conform to social norms with respect to lawful behaviors, as indicated by repeatedly performing acts that are grounds for arrest.

2. Deceitfulness, as indicated by repeated lying, use of aliases, or conning others for personal profit or pleasure.

3. Impulsivity or failure to plan ahead.

4. Irritability and aggressiveness, as indicated by repeated physical fights or assaults.

5. Reckless disregard for safety of self and others.

6. Consistent irresponsibility, as indicated by repeated failure to sustain consistent work behavior or honor financial obligations.

7. Lack of remorse, as indicated by being indifferent to or rationalizing having hurt, mistreated, or stolen from another.